

HIV/AIDS PREVENTION, CARE AND SUPPORT ACROSS FAITH-BASED COMMUNITIES

AN ANNOTATED BIBLIOGRAPHY

OF RESOURCES

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TABLE OF CONTENTS

INTRODUCTION	4
ASSESSMENT AND PLANNING.....	5
Facing AIDS: Education in the Context of Vulnerability to HIV/AIDS: Study document and Statement on HIV/AIDS.....	5
The WAZAM Learning Programme.....	6
Planning Our Response to HIV/AIDS: A Step by Step Guide to HIV/AIDS Planning for the Anglican Communion	8
Confronting AIDS Together: Participatory Methods in Addressing the HIV/AIDS Epidemic.....	9
AIDS in your Community: Learning about AIDS in Africa (A Guide for Community Trainers)	11
HIV/AIDS Rapid Assessment Guide.....	12
HIV/AIDS AWARENESS AND INFORMATION.....	14
Hope and Healing: a Facilitator's Manual	14
AIDS education through Imams: A spiritually motivated community effort in Uganda	15
Choosing Hope: The Christian Response to the HIV/AIDS Epidemic	18
HIV/AIDS Curriculum for Theological Institutions in Africa	19
Caritas Training Manual on the Pandemic of HIV/AIDS	21
Facts and Feelings about AIDS: Volume One.....	22
Open Secret: People facing up to HIV and AIDS in Uganda.....	23
Journeys of Faith: Church-based responses to HIV and AIDS in three southern African countries	24
BEHAVIOR CHANGE	25
Stepping Stones.....	25
HIV/AIDS Manual for Facilitators/Trainers	26
Life Planning Skills: A Curriculum for Young People in Africa	27
Life Planning Skills: A Curriculum for Young People in Ghana.....	28
Participatory Peer Education for HIV and AIDS Prevention: A Manual for Trainers of Peer Educators	29
Adventures Unlimited	30
Growing Together: A Guide for Parents and Youth.....	31
AIDS Education for the Youth	32
A Common Cause: Young people, sexuality, HIV and AIDS in three African countries	32
Youth-to-Youth: HIV Prevention and young people in Kenya.....	33
The Dignity of Human Sexuality and the AIDS Challenge	34
CARE AND SUPPORT	36
Helpers for a Healing Community: A Pastoral Counseling Manual for AIDS	36
AIDS Counselling Guide.....	37
Under the Mupundu Tree: Volunteers in Home Care for People with HIV/AIDS and TB in Zambia's Copperbelt	37
Training Home-Based Caregivers to Take Care of People Living with AIDS	39
AIDS Home Care Handbook.....	40

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

AIDS Orphans: A Community Perspective in Tanzania.....	41
Children on the Brink 2002: Strategies to Support Children Isolated by HIV/AIDS...	42
Many Threads One Weave	43
Filling the Gaps: Care and support for People with HIV/AIDS in Cote d'Ivoire	44
Living Positively with AIDS: An African Experience	44
GUIDELINES AND RECOMMENDATIONS	46
Plan of Action: The Ecumenical Response to HIV/AIDS in Africa.....	46
Our Vision, Our Hope, The First Step: All Africa Anglican AIDS Planning Framework	46
First International Muslim Leader's Consultation on HIV/AIDS: Jihad on AIDS, Self discipline using Allah's guidance	46
Facing the Challenges of HIV/AIDS/STDs: A Gender Based Response	48
RESOURCES	49
CD-ROM and website of Christian resources on AIDS	49

INTRODUCTION

The purpose of this bibliography is to describe and review resources that have proven useful to faith-based organizations addressing the HIV crisis in Africa. We hope that the information allows each reader to identify the right materials to meet his or her community's needs and then to obtain those materials from the organization that developed them.

Most of the materials have been developed by people within faith-based organizations, specifically for their own communities. Many materials build on and adapt what has worked within secular organizations, both governmental and non-governmental, embedding the training or information in the teachings of a specific faith. Only a few of the materials were developed by non-faith-based organizations. Taken all together, the materials contain creative ideas and solutions to the thorny problems that faith-based communities struggle with in addressing HIV/AIDS.

The resources are divided according to topic, rather than by faith, and readers are encouraged to explore the resources of other faiths, for new strategies in dealing with HIV/AIDS. We hope that readers will explore across faiths, focusing on the methods and HIV information that each resource has to offer, and then applying their own theology. We have much to learn from each other as we craft the unique HIV/AIDS interventions that apply to each of our own faiths.

There are two criteria for selection of materials reviewed here. The first is that they promote dignity and respect for people living with HIV. The second is that they provide correct HIV information. However, the materials have a wide range of perspectives about how to conduct HIV prevention and care, the spiritual basis for HIV activities, and the role of faith-based organizations in addressing HIV/AIDS. The opinions expressed in the materials that are reviewed are those of the individuals and organizations that produced the materials and do not necessarily reflect the views or policy of Family Health International or USAID.

ASSESSMENT AND PLANNING

Facing AIDS: Education in the Context of Vulnerability to HIV/AIDS: Study document and Statement on HIV/AIDS

World Council of Churches (WCC)

Overview: The study guide is a structured framework for group learning sessions, designed to help and resource group leaders who intent to undertake HIV/AIDS awareness building. The study guide is supported by another WCC study document, *Facing AIDS: The Challenge, the Churches Response*. The report has sections devoted to theological and ethical perspectives, human rights and responsibilities, spiritual care and healing community, and what the churches can do. Both documents contain the statement adopted by the WCC central committee on the basis of the WCC consultative group on AIDS study process, September 1996.

Purpose: The study guide takes participants through a process of examining the role of their faith community in responding to the HIV/AIDS crisis, assessing the local situation, and planning a response. The guide could be used in a series of 6 to 8 meetings, 2 to 3 hours long, weekly to monthly, by church leaders either in a single community or by leaders from several communities. Many of the discussions are based on biblical scriptures, but these could easily be replaced with other religious texts, such as the Koran.

Target audience: Religious leaders and lay people within a faith community.

Content: The goal of the guide is to identify the effects HIV/AIDS has on community life in all its aspects and to develop necessary actions for building supportive and healing communities. The objectives are for participants to:

- Examine their own experience of community and their experience of the church as community;
- Identify the reasons for brokenness in communities and discover the relationship between this brokenness and HIV/AIDS;
- Look critically at their own communities to identify who is excluded and why this is so; and,
- Discover examples of the church as a healing community and identify concepts and actions towards inclusiveness and renewal of communities.

The four modules (Community, Change, Vulnerability, and Care and Prevention) use a range of educational approaches, both theoretical and experiential, and present the material in an ecumenical (but Christian) way. A series of discussion groups and community activities can be developed with the guidance of the document that together form a community assessment and planning process. HIV/AIDS is presented in a socio-economic context and as an opportunity for the church to strengthen the spiritual capacity of a faith community. Prevention is only touched upon, although the importance of

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

discussing sexuality is acknowledged. The examples are from all continents, including Africa, and the material is relevant to Africa.

Special features: The study guide and document form a good starting point for church leaders exploring how to sensitize their communities and involve them in responding to HIV/AIDS. The study document provides a thoughtful and thorough discussion of the range of important HIV/AIDS issues from a Protestant perspective.

Background: The study document, *Facing AIDS: The Challenge, the Churches Response*, grew out of a lengthy process of examination of HIV/AIDS by WCC members. Then the guide was developed, and has been adapted and reprinted for the Training Programmes of Communities jointly undertaken with UNAIDS.

Published by: World Council of Churches Publications

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www.wcc-coe.org

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The WAZAM Learning Programme

CAFOD and WAZAM

Overview: The goal of this two-year series of exchange visits and workshops was to stimulate HIV/AIDS programming among African agencies funded by CAFOD (CAFOD partners) beginning to get involved in HIV/AIDS work and to support them in that work. The process was developed through a partnership between Catholic Agency for Overseas Development (CAFOD) and West Africa/Zambia Learning Programme (WAZAM).

Although there is not a training manual available for the two workshops, the reports resulting from the workshops describe the process, the content that was presented, and much of the learning that was accomplished as a result of the workshops. The reports are:

Hidden Treasure: The Power of Community in Responding to the Challenge of HIV: Report on HIV workshop for CAFOD partners (November 2000)

CAFOD and WAZAM Programme: Report on Nigeria Visit (July 6 - 21, 2001), written by Peter Nanle Walman (CAFOD Primary Health Care Programme, Nigeria) and Jim Simmons (CAFOD, Nigeria)

Purpose: The two reports were written at different stages of a long-term planning process whose purpose was to support increased HIV/AIDS activities among organizations already functioning in affected communities.

The overall process that is described could be used by a funding agency or umbrella agency (regional or national), including a faith-based organization, to motivate district or

HIV/AIDS Prevention, Care and Support across Faith-Based Communities

An Annotated Bibliography of Resources

local programs (or faith communities) to become involved in HIV/AIDS, to facilitate exchange and learning among local programs, and to promote participatory community planning and involvement.

Target audience: The reports are written for informational purposes for a general audience. The participants in the planning process were representatives of organizations funded by CAFOD to conduct development work in West Africa and Zambia (called CAFOD partners).

Content:

Hidden Treasure (Report of November 2000 workshop): The themes of the workshop were

- Confronting the challenge of HIV
- The importance of community engagement in this process
- Sharing and learning from CAFOD partners' HIV experience in Zambia

The report describes the workshop activities as well as the results of the discussions: the people who visited Zambia shared their experience, attendees participated in identifying the challenges and opportunities they face in addressing HIV in their communities, the issues of providing prevention and care services were explored, and the project cycle was introduced (assessment, planning, action, monitoring and reporting). The workshop was very participatory, and rich exchange occurred among the attendees.

One of the most interesting sections of the report is *Responding to the pandemic*, in which participants reflected on the value of working with communities, the challenges of using a community-based model for programming, and the importance of working with peer groups. The findings would be of use for others considering similar projects.

Report on Nigeria Visit: The report describes the structure and content of three meetings that organizers held with three geographic clusters of partners in Nigeria (July 2001) in preparation for the second Zambia exchange visit and the second workshop. One section reports on the impact of the 2000 Nigeria workshop on participants' work and goals, and another describes group discussions on how to plan, organize and facilitate community HIV/AIDS workshops in response to the felt needs of the local communities.

Special features:

The reports describe a rich process of participatory learning and exchange that occurred in the workshop. This models the goal of community involvement in HIV/AIDS programming for the individual partners to achieve in their HIV/AIDS programs back home. Another example of the participatory process is that the implementers of the process consult with the partners on what the content of the workshops and exchange visits ought to be.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

The exchange visits provide a greater opportunity for learning than could be accomplished by having speakers from those programs present at the workshops.

Background:

In October 2000, a small group of people representing 4 CAFOD partners in Ghana, Liberia, Nigeria and Sierra Leone visited two CAFOD-supported HIV programmes in Lusaka and the Copperbelt region of Zambia. The lessons from this experience by the West African partners were shared in a workshop of West African CAFOD partners convened in Nigeria in November 2000. The West African CAFOD partners who attended were involved in primary health care, youth and conflict resolution as well as HIV care and prevention. The majority were in the first stage of responding to the impact of HIV, and the workshop was a means of providing them with support and training.

Following the workshop, a number of partners in West Africa began implementing HIV/AIDS work and conducting HIV/AIDS community workshops. The second report describes meetings CAFOD organizers held with three geographic clusters of partners in Nigeria in preparation for the second Zambia exchange visit and the second workshop.

Subsequently, CAFOD partners participated in the second visit to Zambia in February 2002 and in the second workshop, convened in Ghana in May 2002.

Published by: CAFOD and WAZAM

Contact: Jon Simmons at CAFOD (jsimmons@cafod.org.uk).
www.cafod.org.uk/hivaids/

Planning Our Response to HIV/AIDS: A Step by Step Guide to HIV/AIDS Planning for the Anglican Communion
The Council of Anglican Provinces in Africa

Overview: The guide includes the facilitator's guide for this conference of church leaders and the planning framework that they developed at the meeting. The main objective of the training is to engage church leaders in a process of strategic planning to guide their response to HIV/AIDS in sub-Saharan Africa. The 52-page curriculum also aims to provide participants with a model of planning they can adapt and use at a parish, diocese, or provincial level.

Purpose: Facilitator's guide for a 4-day planning workshop. The guide is very well laid out and self-contained (no outside resources required) and takes participants through the entire cycle of planning.

Target audience: Church leaders

Content: The training takes participants through a 5-step planning process:

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

- Situational analysis
- Identifying issues, solutions and options
- Making strategic choices
- Developing objectives and activities
- Monitoring and evaluation

The guide contains a description of the planning process, a facilitator's guide (including outcomes (objectives), resources needed, time required, and complete description of activities for each step) as well as worksheets, sample results for activities, and lists of additional resources. The writing is straightforward and organized for easy use by trainers.

Special Features: There is some special terminology associated with the Anglican church in 2 places, but the guide could be easily used by FBOs of any faith.

Background: The guide was used in August 2001 for a conference in South Africa of over 100 representatives from all levels of the Anglican communion, across all the church provinces of sub-Saharan Africa, and included a delegation of people living with HIV/AIDS from a number of African countries. Also attending, in a separate track, were representatives from international donor agencies, AIDS service organizations, civil society groups and government departments. *Our Vision, Our Hope, The First Step : All Africa Anglican AIDS Planning Framework* was an outcome of the process that is now being used to guide the Anglican Communion in local HIV/AIDS Planning.

Published by: The Council of Anglican Provinces in Africa, The POLICY Project (South Africa), and U.S. Agency for International Development (USAID)

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Or The Futures Group International: www.policyproject.com

Confronting AIDS Together: Participatory Methods in Addressing the HIV/AIDS Epidemic

Anne Skjelmerud (DIS/Centre for Partnership in Development in Norway) and Christopher Tusubira (All Saints Services, Uganda)

Overview: The goal of this handbook is to assist faith communities in conducting rapid assessment and taking action to confront AIDS. The authors weave together descriptions of community planning experiences and concrete guidance in conducting action research and planning. The 164-page book is packed with information and tools that can be used for assessment and planning at a local community level. The text is dense but the language is simple and straightforward: no public health jargon or language specific to one particular faith. The examples of how the tools have been used in specific communities adds interest and relevance, and makes the handbook accessible to the reader.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

Purpose: A handbook for assessment and planning at a local village or faith community level. Its specific goal is to help leaders to facilitate engagement of the community in long-range planning and activities. The book provides good ideas and guidance for readers even if they use other training guides as a basis for facilitating a workshop on assessment and planning. Explicit activities, such as a 1-hour focus group, could be developed from the handbook.

Target audience: Local coordinators, representatives of local non-governmental organizations, leaders of church groups and other structures.

Content: The chapters include:

1. How to use this book
2. Discussion of key issues: HIV education, gender issues and gender analysis, support systems, stigmatization and discrimination, confidentiality and openness, sustaining behavior changes, and networking and cooperation
3. Starting a program: preparation of a target community; selecting a committee; training trainers; building understanding and expectations; setting objectives and indicators; selecting personnel
4. Working methods: forming a group; getting people to discuss AIDS; several concrete methods for assessing the local AIDS situation (visualization, mapping, role play, time grid analysis)
5. Working together: continuation of how to do group work, including guidance on how to conduct a focus group; discussion of relationships between the group and the community; and more methods for obtaining information (interviews, observation, surveys)
6. Phases of the project: setting up objectives and indicators (explicit “how-to,” with tools and methods); action phase; evaluating and monitoring
7. Potential challenges: risks involved in having community participation; problems associated with using external donors for programs
8. Appendices include: how to conduct a community survey; discussion of gender issues and gender analysis; discussion of participatory vs traditional research methods; report from in-depth study in Kagoma, Uganda; WCC statement on the impact of HIV/AIDS and the churches’ response

Special Features: The key word is participatory. The book is conversational and easy to read, and realistic. The authors assume that leaders begin with a project idea, and then adapt that idea as they engage the community in participatory action. “When an activity is planned it must be assumed that the process itself will bring about change, and lead, as things progress, to a situation where more changes will be planned and implemented.”

Background: The book is based on the experience of the Christian Medical Commission (of the World Council of Churches) Participatory Action Research project in East Africa (1991-1994). The project started in 1991 with an advisory committee of WCC and church partners from Uganda, Tanzania and Zaire. In each country local partners were found, certain geographical areas for intervention chosen and local facilitators selected

and trained. Rapid appraisal and an in-depth study was carried out in each country, leading to formal reports in 1993. This book describes the step by step participatory action research process, using examples from the church partners who were part of the project.

Published by: DIS/Centre for Partnership in Development, Oslo, Norway

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AIDS in your Community: Learning about AIDS in Africa (A Guide for Community Trainers)

MAP International

Overview: This workbook is designed to be used by community health workers in conducting community assessments and then planning HIV/AIDS activities, particularly trainings for community groups. The 57-page workbook is a simple, step-by-step guide with work sheets and examples for the user. The workbook assumes the presence of a leader to supervise the users/learners.

Purpose: To facilitate development of a community-based AIDS education program. The workbook could be used by faith community leaders in training and working with lay volunteers in their communities, to initiate an ongoing process of HIV education. The language is very simple, for readers at a basic level, and generic, so could be used within any faith community.

A training could be organized using the lessons in the workbook, either in a single 2-day training, or even better, in a series of four half-day workshops, spaced 2 to 4 weeks apart, to enable the workers to follow through on the information-gathering activities. Alternatively, individual community health workers could be given the workbook as a guide for conducting assigned activities over a period of weeks.

Target audience: Community health workers, but could also be used by lay people in a faith community.

Content: The workbook is divided into four lessons, each with objectives and activities. The first lesson asks questions about a story, to help the learners understand why a community-based AIDS education program is important. The second lesson provides a series of activities for assessing the local HIV situation, assessing underlying community values and gender issues, and identifying community resources. Activities include stories with discussion questions and instructions for leading a community discussion group. The third lesson provides a series of activities for analyzing the information that has been collected. The fourth lesson assists the learners in planning a series of AIDS education programs.

Special Features: Directed at the learner, not the trainer. Provides lists of questions for information-gathering, and suggests the list be divided up by group members, who

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

interview community members, return and report their findings. Requires further resources for the actual training, once assessment and planning have been completed. However, the workbook walks very concretely through the planning process.

Background: The Guide is one of three manuals developed as a series. The others, *Facts and Feelings about AIDS* and *Helpers for a Healing Community* (A Pastoral Counselling Manual for AIDS) are reviewed in the following sections of the bibliography. The manual was originally developed by a committee brought together by MAP International, Christian Health Association of Kenya (CHAK), and Institute for Development Training, with funding by WHO, UNICEF, Norwegian Church Aid, TEAR Fund - UK, and the Moore Foundation.

Published by: MAP International and the Christian Health Association of Kenya in Nairobi Kenya

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Nairobi, Kenya

HIV/AIDS Rapid Assessment Guide

Project Support Group (PSG) and Family Health International (FHI)

Overview: This guide contains five tools to assess a community's needs for HIV/AIDS prevention. Each tool provides a methodology and explicit questions to be used to gather information. The brief introductions to each tool explain the why, where, what and how of each tool. Altogether, the set of five methodologies form a tried and tested way of conducting community assessment, and this guide provides a simplified version for people who need to assess their communities. The guide does not, however, include guidance on analyzing the information once it is gathered.

Purpose: The purpose of the guide is to provide concrete tools for information-gathering regarding the situation in a community regarding risk behaviors and attitudes about HIV. The different components could be adapted by FBOs, which could add or remove questions and information but use the methodologies provided.

Target Audience: Organizations needing to obtain detailed information about HIV risk-taking in the community in order to plan HIV programs or activities.

Content: Together, the five sources of data provide a spatial, quantitative and qualitative overview of a project area. The five tools include:

- Mapping guide: Intended to provide a geographic overview of a project area.
- Site inventory: A detailed enumeration of population, employment, infrastructure, transport routes and health and social services.
- Ethnographic guide: Designed to generate a rapid "snapshot" of the sexual and social culture of a project area.
- Focus group guide: Designed to provide further in-depth qualitative insights.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

- Rapid behavioral surveys: Designed to provide rapid, key data on sexual behavior, condom use and sexually transmitted infections.

Background: Prepared by Professor David Wilson at Project Support Group (PSG) in Harare, Zimbabwe, and Family Health International (FHI) Impact Project. The package of tools has been adapted and used with FBOs in Nigeria by FHI, where they were very useful.

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HIV/AIDS AWARENESS AND INFORMATION

Hope and Healing: a Facilitator's Manual

Catholic Relief Services

Overview: Hope and Healing is a facilitator's manual developed to provide training for Catholic Relief Services (CRS) employees and partners (programs funded by CRS) about HIV/AIDS. The suggested workshop is well organized into logical topics, with well developed experiential exercises for a basic HIV/AIDS training. The training draws on materials and exercises that are tried and true in HIV training, and is an excellent tool for use in sensitizing people to HIV/AIDS issues.

Purpose: The aim is to help workshop participants explore their own personal attitudes, beliefs and values around HIV/AIDS and to learn correct basic AIDS information. The manual is designed for use in Sub-Saharan Africa, and has been used widely within CRS. Although written by CRS, it is a training guide that has borrowed from many other sources, and in turn it can be easily adapted for use by other faith based communities. The suggested agenda for a workshop is 4 days, but the manual suggests that sequencing can be modified.

Target audience: The manual is for trainers and leaders to use in training staff and lay people.

Content: Each of the 8 themes (modules) includes 2 to 10 learning tasks. The themes are:

- Setting the workshop climate
- Exploring our attitudes
- Facts, opinions and rumors about HIV and AIDS
- AIDS and men, women, youth and children
- Cultural and social issues
- Support of people living with HIV and AIDS
- CRS policy and principles
- Closure

The introduction includes excellent guidance in conducting a learning needs and resources assessment, planning a training workshop, and preparing training materials and equipment.

The learning tasks are explicit and well developed for dialogue, problem-posing, respect and creation of a safe learning environment. To reinforce the value of respect for the dignity of each individual, at least two learning tasks involve meeting people living with HIV or AIDS. To support HIV prevention, the learning tasks for the theme cultural and social issues are in support of abstinence before marriage and fidelity as Catholic values.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

However, the learning tasks involve open discussion about sexuality and the importance of open discussions about sexuality in the community.

Special features: The manual is self-contained, with all the necessary handouts and guidance to conduct a basic HIV/AIDS training. The only section that contains terminology that is specifically Catholic is the section on CRS policies.

Background: The manual meets a need in CRS and partner organizations for training materials that reflect the agency's policies and values. The manual's focus on values of care and compassion flows from a respect for the dignity of each individual. One of CRS' goals in HIV and AIDS programming is to build communities that enable people to recognize and respect their own human dignity and that of others.

Sponsor: Catholic Relief Services

Contact: Sister Anne Duggan (ATDUGGA@CatholicRelief.org or 1-410-625-2220)

AIDS education through Imams: A spiritually motivated community effort in Uganda

Islamic Medical Association of Uganda

Overview: The report describes a series of activities that have stimulated HIV education and behavior change communication within Muslim communities in 11 districts of Uganda. The activities were conducted by the Islamic Medical Association of Uganda (IMAU), in collaboration with the Uganda Multi-Sectoral AIDS Control Approach (MACA, the Ugandan government's AIDS control program). Their efforts began in 1992, and the report was produced in 1998.

The carefully planned involvement of Imams and continued supervision and support of their activities has created a sustained commitment to incorporating a response to HIV in the life of the community on many levels. Through training of Imams, mobilization of volunteers, and provision of support for income generating projects to sustain community activities, the IMAU has created a level of activity that resulted in significant increases in knowledge about AIDS and significant decreases in self-reported risk behaviors in the community. In the first five years, 850 mosques were involved, 6,800 community volunteers were trained, and 102,000 homes were visited.

Purpose: The objective of IMAU's long-term project is to reach Muslim families through educators trained with and sanctioned by Imams. The project involves religious leaders in HIV education by training them and then providing ongoing supervision and support for their activities in their communities. The structure of the project could be replicated within other faith communities, taking advantage of the overarching support structure that exists for the local faith leader, whether Imam, pastor, or priest.

Target audience: The report is for readers in Uganda and Muslim communities in other parts of the world interested in learning from IMAU's community-based health efforts.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

Content: The report provides a country profile of Uganda, including descriptions of the organization of the Muslim community and of IMAU, which was established in 1988.

The three HIV/AIDS projects are described, followed by sections on motivating volunteers, empowering women, and overcoming hurdles related to HIV prevention and care. The project began in 1989 with a National Workshop for Khadis representing all 33 districts in Uganda, followed by AIDS education workshops for Imams in several districts. It was these dialogues between religious leaders and health professionals that identified the need for and stimulated development of the AIDS education projects that followed.

The *Family AIDS Education and Prevention Through Imams Project (FAEPTI)* helps Imams incorporate accurate information about HIV/AIDS prevention into their spiritual teachings and trains teams of community volunteers to provide education, basic counseling and motivation for behavior change through individual home visits. The curriculum for a 5-day training was developed and 23 trainers were trained to facilitate the workshops. In each district, Imams with their selected groups of volunteers were trained (including 2 assistants, one male and one female, and five Family AIDS Workers, or FAWs), along with the District Khadis and County Sheikhs. The training addressed basic HIV information, behavior change and safer sex, AIDS in relation to gender and adolescence, communication and counseling, and the role of the community in sustaining AIDS prevention activities. Participants were trained in how to conduct home visits to discuss AIDS related issues.

Each team member was made responsible for visiting 15 homes each month to provide HIV information and to make themselves available for counseling and consultation. To facilitate movement, a bicycle was given to each Imam for his use and that of his team. The District Khadis, the County Sheikhs and their assistants were also given bicycles. Each FAW was given 2 hens or the financial equivalent to start an income-generating activity (IGA). The IGAs provided incentive for the volunteer work demanded by the project. The report describes the experiences of faith leaders as well as volunteers in carrying out the activities.

The *Community Action for AIDS Prevention (CAAP)* in Kampala is the urban equivalent of FAEPTI, and involves many faiths, not just Muslims. Due to the density of the population in their communities, trained Muslim and Christian leaders place less emphasis on home visits and more emphasis on spreading AIDS education messages through group talks at mosques, churches, and Local Council meetings (the community political organizations). CAAP also trains groups of bicycle taxi drivers (boda boda boys) and market vendors to pass on information about HIV/AIDS. In addition, CAAP develops income-generating activities for women who have no safe way of supporting themselves and their children.

The Madarasa AIDS Education and Prevention Project developed a 36-session AIDS education curriculum for 40-minute classes. The curriculum is tailored to be age-appropriate for mixed age groups. The AIDS education session can be covered in a

HIV/AIDS Prevention, Care and Support across Faith-Based Communities

An Annotated Bibliography of Resources

Saturday or Sunday morning religious class, in addition to the religious topic addressed that day. IMAU gives training in the use of the curriculum to 24 supervisors in each district. The topics include: Understanding adolescence; Adolescent friendships; Peer pressure; Understanding sexuality; Facts and myths about HIV/AIDS; Islamic teachings on safe sex; Responsible healthy living; Breaking the stigma; Peer counseling; Building positive dreams; Discussing AIDS with parents.

Special features:

On the issue of condoms: “Perhaps the most difficult issue has been sensitizing Islamic leaders to the important role that the condom plays in preventing transmission of the HIV virus. Some religious leaders argued that condom education would promote sex outside marriage, which is against Islamic law. They refused to accept this topic in the project curriculum. In order to encourage wide participation in the FAEPTI Project, IMAU took a cautious approach and removed the topic of the condom from the training for the first year. In its place, IMAU held a dialogue with Islamic leaders to listen to and address their concerns about condoms. In this dialogue, IMAU stressed that the condom was only being promoted as AIDS protection after the failure of a first and second line of defense: abstaining from sex and having sex only within marriage. IMAU argued that the third line of defense should not be ignored because human beings have their weaknesses, as witnessed by girls becoming pregnant before marriage and the many cases of sexually transmitted diseases. IMAU further argued that knowing about condoms does not mean that people will use them indiscriminately. Muslims know about alcohol but that does not mean they drink it. Although the Islamic leaders feared that knowledge of the condom would bring promiscuity, IMAU made it clear that many things used irresponsibly are harmful, even food. Using this analogy, IMAU made the important point that communities need to understand responsible eating so that they do not endanger their lives. At the end of this dialogue, the Islamic leaders agreed that education on the responsible use of the condom was acceptable within Islamic teachings and necessary to defend communities against AIDS. The condom education component was re-inserted in year two.”

On income-generating activities: IGAs are a popular component of the FAEPTI Project. IMAU believes that increasing individual and family income is an important factor in reducing the likelihood of HIV infection. Volunteers are given money to buy two hens, or two goats, or the financial equivalent. Some groups use the profits to maintain their AIDS education programs and support other mosque activities. Others share the profits among the families. In one women’s group, women take out loans from the group to start their own small businesses.

On empowerment of women: “It is a custom in many Muslim homes, particularly in the villages, that women are not supposed to work outside the home. IMAU’s focus on educating women and encouraging their Income-Generating Activities met initial resistance. As time passed, more conservative community members saw that progress for women meant progress for everybody.”

Sponsors: Islamic Medical Association of Uganda and UNAIDS

Contact:

Publication number: UNAIDS/98.33

Can be ordered or downloaded from the UNAIDS website, under the Best Practices Collection, Case Studies: www.unaids.org/publications

Or specifically: www.unaids.org/publications/documents/sectors/religion/imamsce.pdf

Choosing Hope: The Christian Response to the HIV/AIDS Epidemic

MAP International

Overview: The manual is a set of eight curriculum modules for use in theological and spiritual training institutions. The content is explicitly Christian, from the perspective of the African tradition. There is a focus on the importance of a compassionate, nonjudgmental spiritual response to people with HIV/AIDS as well as an aggressive breaking of barriers to sex education within the church.

Purpose: The eight modules are designed to prepare people studying for the ministry to address HIV/AIDS in their ministry by examining a range of critical issues regarding in the Christian church's response to HIV/AIDS. The modules are for classroom sessions in which there are presentations of information, supporting readings and viewing of videos, and group discussion. The instructor may use any module in whole or in part. The material is designed to be incorporated into an existing course, or the entire series could constitute a course on a biblical approach to HIV/AIDS ministry in the church. The specific Christian perspective is rather embedded in the modules, making the modules less adaptable to other Christian denominations or other faith traditions than some of the other training guides.

Target audience: The modules are to be used by instructors in institutions preparing clergy for ministry.

Content: Each module contains a plan (including goals, suggested methodologies or learning activities, resources, and method of evaluation), material for a presentation, a case study, and discussion topics. The first of the eight modules provides HIV/AIDS information. The second module provides a detailed description of the cultural and traditional context of HIV in Africa, including the traditional African view of healing. A case is made for why HIV may appear to be caused by a curse or bewitching as why it is not. This module also presents the biblical issues in relation to AIDS. The next module presents possible roles for the church, based in biblical teachings, including spiritual care and counseling, understanding sexuality, strengthening the family, caring for orphans, and "warning of the dangers of continuing to ignore God's laws of love." The rest of the modules address means of implementing these roles.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities

An Annotated Bibliography of Resources

There are supporting materials in the appendix of the curriculum. In addition, other documents are used in the curriculum (also developed by MAP International), some of which are reviewed in other sections of this bibliography. They include:

- Helpers for a Healing Community: A Pastoral Counseling Manual for AIDS (See Care and Support)
- AIDS in Africa: The Church's Opportunity
- Growing Together: A Guide for Parents and Youth (See Behavior Change)
- Springs of Life (video)

Special features: The curriculum provides a blend of theological and practical content for the instructor. A difference between this curriculum and the one written by Dr. Musa (see next item) is that the modules in this one are more self-contained and require less preparation on the part of the student. Dr Musa's curriculum is more of a syllabus, with a great deal of supporting reading, mostly theological in nature.

Background: In 1994, church leaders from the Church of Jesus Christ in Africa met and developed the Kampala Declaration, which provided biblical principles and guidelines to help the church take action to meet the challenges presented by the HIV/AIDS epidemic. The curriculum modules are the product of a number of individuals and churches over a period of two years through several consultations, workshops and individual collaboration. In particular, the work of AIC National Bible Schools Committee and the MAP International AIDSCAP project staff was critical to the design, content and completion of the effort.

Sponsor: MAP International

Contact: MAP International
P.O. Box 21663
Nairobi Kenya

HIV/AIDS Curriculum for Theological Institutions in Africa

MAP International

Overview: This curriculum is aimed at facilitating the theological institutions of Africa to incorporate key aspects of HIV/AIDS training into their curricula. "Most of our clergy went to theological school when AIDS was not an issue. Now it is likely that the first sermon of a newly graduated seminarian will be at the graveside. How do we equip the clergy and the church in general to respond appropriately, effectively, biblically, lovingly and culturally, to a problem that is decimating our people?" The document is a work in progress, and is meant to be adapted to the individual institutions using it.

Purpose: The curriculum is designed for a semester's course in a theological institution or can be used to incorporate HIV/AIDS material into existing courses. The resources (especially recommended texts) are from a range of Protestant and Catholic sources as

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

well as from AIDS organizations, making the curriculum immediately accessible to many Christian denominations.

Target audience: The curriculum is to be used by instructors and professors in training seminarians for the ministry. Workshops have been aimed at academic deans, principals, theologians and representatives from theological institutions.

Content: In the forward the author discusses the rationale for including HIV/AIDS in the coursework of theological institutions in Africa. The curriculum is divided into five parts:

- Unit 1: Human Sexuality and HIV/AIDS
- Unit 2: Biblical Studies and HIV/AIDS
- Unit 3: Theology in HIV/AIDS Contexts
- Unit 4: Counseling and HIV/AIDS
- Unit 5: Programme Development and HIV/AIDS

Cross-cutting issues such as poverty, gender, stigma, and Biblical and theological perspectives are integrated into the units.

Each unit includes the purpose and objectives, content, methodologies, lists of instructional material, methods of student assessment, required and recommended readings. A wide range of resources are recommended, but must be obtained. The instructional methodologies include reading and watching videotapes, class discussion and role plays, field work (such as facilitating discussions in the community and analyzing sermons), field placements and supervised practica (such as work in VCT programmes), and expert presentations.

Special Features: The perspective is broad, addressing issues underlying the epidemic such as sexuality, stigma, silence, poverty, and human rights. One of the objectives of Unit 5 is leadership management skills.

Background: The curriculum was written by Dr Musa Dube-Shomana (Mrs) who is a faculty of the theology Department of the University of Botswana, and is being expanded and developed as it is used. Three regional Trainer of Trainer programs for faculty members of representative colleges in Southern and Eastern Africa have been conducted. As of April 2002, ten country level training sessions were underway in Southern Africa. The participants have been drawn from the countries of southern Africa and from Protestant, Evangelical, Catholic, African Indigenous Churches and Orthodox backgrounds. The first edition was published in 2001 by MAP International, with 3 units, but it has subsequently been expanded to 5 units.

Published by: World Council of Churches, MAP International, and UNAIDS

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Caritas Training Manual on the Pandemic of HIV/AIDS

Caritas

Overview: This facilitator's guide provides information, learning activities and visual aids for a workshop to teach basic HIV/AIDS information, explore negative attitudes, and practice simple spiritual counseling. Although developed in the early 1990's, the activities and essential information (besides the epidemiological information) are still current.

Purpose: The authors suggest that trainers adapt the learning activities to their own situations and needs, but if all topics are addressed, the activities would make a one- to two-day workshop with plenaries and breakout sessions for discussion and role plays. The language is not specific to the Catholic Church, and the guide could easily be used in other faith communities.

Target audience: Individuals with little knowledge of HIV/AIDS

Content: The guide addresses basic facts, epidemiology and medical information as well as the social/development implications, psychological and emotional impact, and spiritual support for those affected. It has been published as a small booklet, but contains visual aids that could be photocopied larger as transparencies or handouts.

Special features: Some of the learning activities assume an already sensitive trainer/facilitator who can guide a discussion of negative statements; the activities do not structure the facilitator's responses. Used by an inexperienced facilitator, the activities might simply reinforce participants' negative attitudes. (eg, "HIV is a just punishment for immoral behavior") Some of the other guides in this annotated bibliography have learning activities that provide more guidance for inexperienced facilitators in breaking down stereotypes and providing an exploration of judgmental attitudes.

Background: The training guide is a result of the work of the Confederation of Caritas Internationalis to sensitize Catholic communities in Africa to HIV/AIDS and to stimulate compassionate, non-judgmental response to the pandemic.

Published by:

Paulines Publications Africa.
Daughters of St. Paul
PO Box 49026 Nairobi Kenya
ISBN 9966-21-275-2
Year of Publication: 1997
First developed in Sept 1994 by Sr O'Donahue and Fr Vitillo

Facts and Feelings about AIDS: Volume One

MAP International

Overview: This facilitator's guide contains effective learning activities for a basic AIDS training even though it is quite old: published in 1993 by MAP International and the Christian Health Association of Kenya.

Purpose: The purpose of the training is to help learners become more sensitive to people with AIDS and to teach basic AIDS information. A supervisor helps coordinate the training sessions, but the work is structured so that the group can work independently during much of the training. The training requires at least 3 sessions, conducted a week or more apart so that assigned activities can occur in between. The guide is written from a Christian perspective and refers to biblical quotes and stories. However, the writers encourage the users to adapt the material to their own faith perspective.

Target Audience: The guide is meant be used by community trainers or leaders to train small groups in the community, church or clinic setting.

Content: The guide contains 3 lessons, or modules, including:

- Objectives
- Discussion questions
- Presentation material
- Issues for Christian Leaders
- Learning activities, with answers to the questions posed
- Summary of the lesson

The section on Issues for Christian Leaders poses questions such as, "What should we do about condoms?" and provides thoughtful answers as well as guidance for responses to questions from the learners.

The lessons cover basic information about transmission, the disease process, prevention, and counseling.

Special features: The guide is self-contained, requiring no supplemental material, and giving the trainer guidance in appropriate responses to discussion. Although it has apparently not been updated since 1994, the learning activities and discussion topics still apply.

Background: The manual was originally developed by a committee brought together by MAP International, Christian Health Association of Kenya (CHAK), and Institute for Development Training, with funding by WHO, UNICEF, Norwegian Church Aid, TEAR Fund - UK, and the Moore Foundation. The Guide is one of three manuals developed as a series. The others, *Facts and Feelings about AIDS* and *Helpers for a Healing Community: A Pastoral Counselling Manual for AIDS* are reviewed in other sections of this bibliography.

Published by: MAP International and the Christian Health Association of Kenya in Nairobi Kenya

Contact: MAP International
Box 21663
Nairobi, Kenya

Open Secret: People facing up to HIV and AIDS in Uganda
Strategies for Hope Series No. 15

Overview: This engaging book describes the evolution of attitudes about HIV and AIDS in one of the countries most successful (in the world) in changing attitudes and sexual behavior, which is thought to be linked to the reduction in the HIV prevalence in Uganda. The book documents how, in Uganda, openness about HIV has been translated into action at the level of the individual, the family, the community and the nation. It describes how dedicated individuals, political leaders, civil society organizations and government agencies have breached the wall of silence surrounding the HIV epidemic, reduced stigma against people with HIV, and so made the HIV epidemic an 'open secret.'

Purpose: *Open Secret* provides examples for organizations and communities that wish to address the AIDS epidemic in positive ways.

Content: Among the groups and organizations whose responses are described are political leaders, villages, medical people and traditional healers, spiritual leaders, schools, and youth groups. The text is rich with stories of inspiring individuals and dynamic organizations, including Christian and Muslim FBOs. In addition, the Stepping Stones training package, which is reviewed in the Behavior Change section of this bibliography, is described in detail.

Background: Written by Noerine Kaleeba, Joyce Namulondo Kadowe, Daniel Kalinaki and Glen Williams.

Published by: ACTIONAID, Hamlyn House,
Macdonald Road, Archway,
London N19 5PG, UK

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TALC, PO Box 49, St. Albans, Herts AL1 5TX, UK
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Tel (44) 1727 853869
E-mail talcc@talccuk.org
Website: www.stratshope.org

Journeys of Faith: Church-based responses to HIV and AIDS in three southern African countries

Strategies for Hope Series No 16

Overview: This book describes and analyses innovative HIV/AIDS programs carried out by churches and other Christian organizations in Mozambique, Namibia and South Africa. The authors acknowledge that although they have documented the journeys of Christian church groups, followers of other faith communities including traditional African and Islamic faiths have responded to the challenges of the HIV epidemic in southern Africa.

Purpose: The authors hope that other FBOs will find inspiration and encouragement in the experiences documented in the book.

Content: The chapters describe a wide range of programs, including Catholic AIDS Action in Namibia and the Hillcrest AIDS Center, run by the Hillcrest Methodist Church in South Africa. Each chapter includes a detailed history and description of the program, stories of people working in and affected by the programs, and analysis of what has made the program successful. In addition, there is a chapter profiling spiritual leaders who have provided guidance in their communities and a chapter discussing the strengths and difficulties of faith communities addressing HIV/AIDS in their midst.

Background: Written by Gideon Byamugisha, Lucy Y Steinitz, Glen Williams and Phumzile Zondi

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Website: www.stratshope.org

BEHAVIOR CHANGE

Stepping Stones

Strategies for Hope Training Series No 1

Overview: The facilitator's guide is a very complete training package on HIV/AIDS communication and relationship skills. A video of scenarios set in Uganda accompanies the package, to be used to stimulate discussion during specific sessions. The guide contains instructions for organizing an 18-session workshop within a community, in 3 to 4 hour sessions over a period of 9 to 18 weeks. A premise of the workshop is that individual behavior is set in the context of the community and strongly affected by peer pressure, and that change can be made by helping individuals understand themselves in relation to each other. The exercises are experiential and interactive, and the outcome of the sessions is community exploration of ways to support behavior change.

Purpose: The purpose is to provide a long-term, community-level intervention to promote behavior change among all age groups. "The whole workshop aims to enable individuals, their peers and their communities to change their behavior, individually and together, through the stepping stones which the sessions provide. The manual is based on the assumption that community-wide change is best achieved through a personal commitment to change from each of its members."

The guide is for use where there is an ongoing AIDS prevention and support program, and where there are facilitators (paid or volunteer) available to provide the entire workshop and then to continue to provide follow-up. Ideally there should be 4 facilitators similar to 4 different types of peer groups that work together throughout the workshop, based on age and gender.

Target audience: The guide is written for skilled people who work with local groups in small-scale development settings, including faith-based groups.

Content: The first sessions focus on exercises that develop group cooperation and help participants to recognize their own perspectives on life and needs in life. After two sessions on HIV and safer sex, the workshop moves on to several sessions that help participants to analyze why we behave in the ways we do. A variety of factors, such as alcohol, local traditions, the need for money, social expectations and our own personalities are considered in some depth. The final sessions help participants to think about and practice ways in which they can change their behavior in a manner that allows them both to be more assertive and to take more personal, social and community-wide responsibility in their actions.

Special Features: Although the safer sex model provided is the ABC model (abstinence, be faithful, or use condoms), this could be adapted to meet the requirements of a particular faith community.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

A major strength of the workshop is that skills-building is used to enable people to change their behavior, rather than just telling people they should behave differently. The exercises help participants understand what circumstances contribute to risky behavior (peer pressure, cultural traditions, the passive role of women, the need for money) and then has participants practice skills to help counteract these circumstances (talking openly to one's spouse, declining unwanted advances).

Another strength of the workshop is the community-building that occurs as participants work together in exploring issues, supporting each other, and problem-solving.

Background: The training package grew out of a need to address the vulnerability of women and young people in decision-making about sexual behavior. They are designed mainly for use in sub-Saharan Africa. Written by Alice Welbourn.

Published by: ACTIONAID, Hamlyn House
Macdonald Road, Archway,
London N19 5PG, UK

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Tel (44) 1727 853869
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Website: www.stratshope.org

HIV/AIDS Manual for Facilitators/Trainers

Kenya Episcopal Conference Catholic Secretariat Commission for Education

Overview: The training manual provides six modules for training youth about sexuality, drugs and alcohol, HIV/AIDS, counseling, and behavior change.

Purpose: The purpose of the training is to promote significant behavior change among youth especially those in schools. The focus is on strengthening the values of young people. The modules could be used to facilitate a 6-session workshop, or to be integrated into 6 class sessions in a school.

Target audience: The manual is targeted to teachers and trainers who work with youth, especially those in schools.

Content: A first session describes the various teaching methodologies used in the guide. The learning modules each have objectives, material/information to present, discussion questions and learning activities.

- The dignity and beauty of human sexuality
- Facts about STDs and HIV/AIDS
- Human sexuality

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

- Drugs and alcohol abuse
- Counseling skills
- Behavior change

The final module on behavior change is an interactive activity in which youth discuss in small groups how they spend their time, why youth engage in risky behaviors, and how to change to safe behaviors (abstinence before marriage). The concept of secondary virginity is used.

Special features: The manual might be enhanced by learning activities from Stepping Stones on development of skills such as assertiveness, talking with one's partner, problem-solving, and developing group support.

Published by:

Paulines Publications Arica.
Daughters of St. Paul
PO Box 49026 Nairobi Kenya
ISBN 9966-21-555-7
Year of Publication: 2000

Life Planning Skills: A Curriculum for Young People in Africa

PATH International

Overview: This facilitator's guide is designed to assist adolescents in Africa to face the challenges of growing up and making complex decisions about their sexual and reproductive health as well as to prepare for the world of work.

Purpose: The objective of the 2-week training is to provide adolescents with an opportunity to learn more about themselves and factors that influence their feelings about themselves, assist youth in Africa to establish goals and make decisions related to future work and parenthood and to encourage them to achieve their goals, and increase their knowledge in sexuality, planning a family, and communication. The guide describes how to create an alternative 1-week workshop from the learning activities. The guide is sectarian, but could easily be adapted for use in a faith community.

Target audience: Adolescents in Africa between the ages of 15 and 19.

Content: The Facilitator's Guide has a thorough introduction for facilitators as well as evaluation materials and resource bibliography in the appendix. Each of the 15 units is self-contained and complete, requiring no outside materials. Units are organized into objectives, time, an overview, visual aids and handouts, guidance for advance preparation, procedures for each activity, including steps and discussion points, and reference materials for facilitators.

The material is very applicable to working with youth, taking into consideration their developmental issues and level of maturity. Some sections might not be useful to some

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

faith communities because they address contraceptive information including condoms, but the modules are easily adaptable.

Special features: The unit on relationships provides a 6 _ hour series of activities for adolescents to explore themselves and build skills that will enable them to practice safe behaviors, such as abstaining from sex before marriage. The topics in this unit are:

- Introduction to relationships
- Assessing relationships
- Who makes a good friend
- Qualities you look for in a relationship
- Introduction to decision making
- Three C's to good decision making (Challenge, Choices, Consequences)
- Practicing resisting pressures when making decisions
- Sexual decision making

The discussion points provide the facilitator with a focus for concluding a topic and making sure that the main ideas have been made to the group. For example, after the role plays to practice resisting pressures when making decisions, the facilitator asks "Is it difficult to make good decisions? What makes it difficult?" (Possible answers are: the influence of drugs or alcohol, pressure from peers or a partner, or not realizing a decision has to be made) "What makes it easier?" (Possible answers are: knowing how to resist pressure, being sure about your values and goals).

Contact: PATH
1900 M Street NW Suite 700
Washington DC 20036 USA
202-822-0033

PATH/Kenya
PO Box 76634
Nairobi, Kenya
254-2-569-331/347/375
Fax 254-2-566-714

Life Planning Skills: A Curriculum for Young People in Ghana
PATH International

Overview: The Ghana version of PATH's LPS curriculum is more recent than the Kenyan version and is on a CD-ROM. The chapters and most activities remain essentially the same, but they have been modified to reflect findings from a Baseline Survey of Youth. The facilitator's guide is for 40 hours of training, in a series of units between two-and-a-half to over five hours long.

Purpose: The purpose is to help young people gain the skills they need to have healthy and productive lives.

Content: The curriculum addresses three important issues that young people face:

- Recognizing the importance of adhering to values; and learning more about how their bodies function. The activities help them to: learn more about themselves, what they like to do, what they are good at doing, how they feel about key issues such as family and personal values; and identify what influences their developing feelings and choices.
- Thinking about and planning for their future. The activities help them to: identify what they want to happen in their lives; work towards building good futures by planning for work and deciding about parenthood; and meet their goals.
- Dealing with sexual and reproductive changes, feelings and behaviors, and ways to avoid them having negative effects on their future plans. The activities help them to strengthen their knowledge in three areas: sexuality, planning a family, and communication skills.

The activities are called ‘experiential’ education because the youth are experiencing part of what they are learning. Experiential activities in the LPS curriculum are designed to help young people gain information, examine attitudes and *practice* skills.

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PATH
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Participatory Peer Education for HIV and AIDS Prevention: A Manual for Trainers of Peer Educators

PATH Kenya and IMPACT/FHI

Overview: This facilitator’s guide provides the resources and materials for conducting a 6-day workshop to train peer educators to prevent HIV infection among their peers. The focus is on education of people who are already sexually active. Information is about STIs and their prevention through the use of condoms and the reduction of the number of sexual partners. The manual is very comprehensive in terms of presenting overall educational strategies as well as step-by-step instructions for training.

Purpose: The 200-page manual is a facilitator’s guide for trainers to use when training peer educators to prevent HIV and STIs. The staff who conduct the training are called coordinators, and are for the most part nurses, university graduates or social workers. The manual is used by the IMPACT project in Kenya, where coordinators are responsible for mapping and zoning of their project areas, conducting formative assessments, recruiting peer educators, sensitizing key decision-makers in the communities and training and supervising peer educators. However, because it is so comprehensive, the

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

manual would be a good guide for a FBO conducting a similar project using peer educators.

Target audience: Trainers who will be training and supervising peer educators. Peer educators trained through the IMPACT project have been commercial sex workers, poor women living in urban or semi-urban areas and men at the workplace.

Content: The manual includes:

- Tips on how to successfully plan training workshops
- A workshop design for a 6-day introductory training of peer educators
- Suggested sessions for additional training of peer educators
- Detailed step-by-step instructions for each session

Background: The peer education project in Kenya was funded by USAID-funded IMPACT project implemented by Family Health International. The manual was developed by PATH for use by five organizations in Kenya, including AMREF, the University of Nairobi, the International Centre for Reproductive Health, Mkomani Clinic and Family Planning Association of Kenya. The peer education strategy that is used is built on evidence that people already get a great deal of information from their peers and can better relate to people similar to them in age, background and interests.

Contact:

Program for Appropriate Technology in Health (PATH Kenya)
30 Ole Odume Road
P.O. Box 76634
Nairobi, Kenya
Phone 254-2-577177
Fax 254-2-577172

Adventures Unlimited

Scripture Union

Overview: This booklet is a life skills course that addresses self esteem, sexuality, values clarification and decision-making regarding abstinence until marriage in language for pre-adolescents.

Purpose: This 69-page booklet is directed to individual readers, with activities and questions for thought. The reader is encouraged to read it with parents or older relatives or as a school or young people's group. It would easily adapt itself for use as a group study guide for weekly 1 to 2-hour sessions over a 9-week period, with one week per chapter. The text is written explicitly from a Christian perspective. It is approved by the Ministry of Education and Culture of the Government of Zimbabwe.

Target audience: A life skills course for 11-14 year olds.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

Content: Each chapter contains information in short sections supported by drawings, stories, questions for discussion, and activities for group participation. The topics are:

- The adventure of life
- I am glad to be me
- My family is special
- Family, friends and free time
- Growing to be a man or a woman
- AIDS: what is it all about?
- Hope for an AIDS-free generation
- Let's be friends together
- Setting life's course

Special features:

Saying No in a Sandwich! One section suggests a way to say no: "Some time you will find yourself wanting to say "no" to something a friend wants you to do together. You don't want to stop being their friend but you don't think it is right to do this particular thing. It will help you to "sandwich your "no" between 2 positives, like this:

I really like you and I am glad you are my friend

But I don't want to do that.

Why don't we go to the youth group with our friends instead?

Background: Written by David and Janet Cunningham.

Published by:

Scripture Union

45 Heyman Road

Suburbs

Bulawayo, Zimbabwe

Scripture Union - Aid for AIDS

National Co-ordinator

Box 40717

Nairobi, Kenya

Growing Together: A Guide for Parents and Youth

Map International

Overview: This guide is about sexuality and relationships, drawing on research done in Kenya, provides value-based Christian guidance on these topics in clear, thought-provoking and interactive format.

Purpose: The book was written to assist parents of adolescents to communicate with their growing children about these challenging issues.

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

Target audience: Parents. It is intended for use within families, youth groups, churches and schools.

Content: Each of the five sections is based on a story, with advice to parents on how to use the story as a basis for discussion with their children. Issues examined include: understanding parents; physical changes; relating to authority; relating to the opposite sex; choosing friends; and being accepted by others.

Background: Written by Wilfred Amalemba, Debbie Dortzback, Ndunge Kiiti, Meredith Long, Chris Mwalw'a, Esther Odhiambo, and Paul Robinson

Published by: MAP International
P.O. Box 21663
Nairobi Kenya

AIDS Education for the Youth

Overview: This 75-page book is written influence youth to practice abstinence until marriage.

Purpose: To provide information about AIDS and sexuality and to guide youth in making decisions about their behavior.

Target audience: Adolescents

Content: Nineteen chapters address teens in their own language, using short catchy phrases to emphasize key points.

Special features: Directly addresses the adolescent

Background: Written by Joe Babendreier, in 2000.

Published by Focus Publications
P.O. Box 28176
Nairobi Kenya

A Common Cause: Young people, sexuality, HIV and AIDS in three African countries

Strategies for Hope Series No 12

Overview: This book describes programs to reach out to youth with HIV prevention activities in Nigeria, Botswana, and Tanzania.

Purpose: The goal is to provide examples of best practices that can be used by others in program development.

Target audience: Concerned adults, program planners and policy-makers

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

Content: The four organizations are Action Health Incorporated in Nigeria, Botswana Family Welfare Association and the YWCA in Botswana, and The Fleet of Hope (Catholic) in Tanzania. The country background and the programs are described, along with stories of individuals affected by the programs. Additional resources and ideas for workshops are provided. The reader gains a thorough understanding of how each program function.

Background: Written by Glen Williams, Amanda Milligan and Tom Odemwingie in 1997.

Published by: ACTIONAID and UNAIDS
Hamlyn House
Macdonald Road, Archway,
London N19 5PG, UK

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Tel (44) 1727 853869
E-mail talculc@talculc.org
Website: www.stratshope.org

Youth-to-Youth: HIV Prevention and young people in Kenya
Strategies for Hope Series No 13

Overview: This book documents four youth-to-youth initiatives to help young people gain greater control over their sexual health and to avoid high risk sexual behavior. The programs are planned and implemented by young people themselves.

Purpose: The goal is to provide examples of best practices that can be used by others in program development.

Target audience: Concerned adults, program planners and policy-makers

Content: The programs that are described are the Mathare Youth Sports Association (MYSA), The Fish Group, The Kenya Society for People with AIDS (KESPA), and the Teenage Mothers and Girls Association of Kenya (TEMAK). The text is thorough, describing the history, development and current methods of each organization. There are stories of people who have been affected by the programs as well as resources and ideas for workshops.

Background: Written by Glen Williams, Lucy Ng'ang'a, and John Ngugi

Published by ACTIONAID AND UNAIDS
ACTIONAID, Hamlyn House

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

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The Dignity of Human Sexuality and the AIDS Challenge

Overview: This 200-page book is a reference manual on adolescence and human sexuality. The author provides information on a wide range of topics related to the subject, including growth and development, sexual anatomy and physiology, working with youth, family planning, and sexually transmitted diseases.

Purpose: The aim of the book is to provide clear and complete information that adolescents need in order to grow up able to care for themselves.

Target audience: Youth workers, parents and all adults who provide guidance for youth, as well as adolescents themselves.

Content: The book begins with a number of chapters devoted to sexuality as a positive and important aspect of adolescent self-discovery. These chapters address age-appropriate relationships, factors related to youth sexual responses, and talking to young people about sex and AIDS. Sexual and reproductive health concerns of youth are addressed explicitly, in language they can understand. Although all methods of family planning are described, the concept of remaining abstinent until marriage is encouraged throughout the book. Risky behaviors, including not only sexual activity but recreational drug use, are discussed in terms of their impact on a happy and healthy life.

Background: Written by Dr. Henry Tabifor. The text was reviewed by youth organizations in Kenya and Nairobi and revised accordingly.

Published by:

Alpha and Omega Publication
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P.O. Box 70 code: 00621 VM
Nairobi, Kenya
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Fax 254 2 448537
Email: alphaomegacentre@yahoo.com
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HIV/AIDS Prevention, Care and Support across Faith-Based Communities
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CARE AND SUPPORT

Helpers for a Healing Community: A Pastoral Counseling Manual for AIDS

MAP International

Overview: While this spiritual counseling manual is aimed at lay counselors addressing HIV/AIDS in their communities, the skills described are basic and universal, and this manual would enhance the practice of anyone working with people affected by AIDS in Africa or elsewhere. Published in 1994, the principles, case examples, and guidance all apply as well today as they did when the manual was written.

Purpose: The manual is a reference guide that describes the skills and the issues that are important for AIDS counseling. Written as a resource guide for spiritual counselors, it could also be used to develop workshops to enhance counseling skills. It would be useful for spiritual counselors in any faith community, although certain basic assumptions and counseling objectives are Christian in focus (such as reconciling the counselee to God). Most of the language is non-sectarian and applies to the principles of counseling in general.

Target audience: The manual is geared toward lay people who are providing spiritual counseling in their communities.

Content: The manual is divided into categories related to the counselor's role and the counseling relationship. One category in particular relates to the issues of HIV: Helping the counselee respond to AIDS, live with AIDS, face deep needs, and prepare for death (14 topics are listed and discussed, including loss and grief, having a purpose and meaning, talking about sexual issues, protecting a spouse, repentance and forgiveness, children). The category on special needs addresses marital counseling and traditions. Finally, the last category is about help for the counselor.

Background: The Guide is one of three manuals developed as a series. The others, Facts and Feelings about AIDS and AIDS in your Community: Learning about AIDS in Africa (A Guide for Community Trainers) are reviewed in other sections of the bibliography.

Published by: MAP International

Contact: MAP International
Box 21663
Nairobi, Kenya

AIDS Counselling Guide

Family Life Counselling Association of Kenya

Overview: The AIDS Counselling Guide is a 148-page book that contains a wide range of material about counseling people with HIV/AIDS. Each chapter is written by a different person, and they cover 13 different aspects of counseling, from basic AIDS information to care of the terminally ill.

Purpose: The guide seeks to train counselors from different areas of expertise and professional backgrounds. These counselors may in turn carry out seminars and in-service training of other counselors in different parts of the country (specifically, Kenya). The guide is written from a Christian perspective, specifically Catholic.

Target audience: Lay people in parishes.

Content: The topics covered by the guide include medical information, psychosocial impact of HIV, counseling skills, communication skills, support of the healthy carrier, spiritual support, changing sexual behavior, community education, care of the terminally ill, socio-economic aspects of HIV, and evaluation. The developers of the guide acknowledge the importance of the counselee playing an active role in the counseling process.

Besides the text of each chapter there are objectives, a list of suggested learning activities, a list of resources, and suggestions of how the training could be evaluated. However, the facilitator must develop the activities and evaluation tools.

Background: The Family Life Counselling Association of Kenya (FLCAK) developed the curriculum to be a counseling training inspired by the teaching of the Catholic Church.

Sponsor: Family Life Counselling Association of Kenya
PO Box 18077
Nairobi, Kenya

Under the Mupundu Tree: Volunteers in Home Care for People with HIV/AIDS and TB in Zambia's Copperbelt

Strategies for Hope Series No 14

Overview: This 61-page booklet and video describe a home care program that was developed to provide community-based support for people with HIV and TB in the Ndola district of Zambia. Coordinated by the Ndola Catholic Diocese AIDS Department, the program began in two low-income townships in 1991 and by 1998 had reached 23 townships. It has achieved high coverage of its target population, at reasonable cost, and has successfully integrated TB control into home care activities. The key to success is

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

the 500 volunteers who assist their neighbors in responding to the challenges of the dual epidemic of HIV and TB.

Purpose: The book and video describe the work of the volunteers -- the people “under the mupundu tree,” who understand the problems caused by HIV/AIDS and TB in their own communities and who have responded to the crisis. They provide evidence that community volunteers, properly trained and well supported, can play a leading role in closing the home care gap. Moreover, this case study demonstrates how home care for people with HIV/AIDS can also serve as an effective entry point for community-based TB control.

Target audience: People in the service sector who are interested in learning about a successful model of home care based heavily on community volunteerism

Content: The case study describes the health, social, and economic situation in Zambia as well as the history of home care in that country. It then describes the development of the Ndola home care program by the Sisters of the Sacred Hearts who ran a small clinic in the local Catholic Church. In 1991 they realized that many chronically ill people were unable to walk to their clinic, and therefore mobilized and trained volunteers who became the first home visitors. They approached all the churches in 2 townships, and reached out to all families in the 2 townships, of whatever faith.

The report goes into detail about how the Ndola Diocese AIDS Department assists new communities to set up their own home care programs, how the programs are organized, what services are provided, collaboration with sectors such as police to protect widows from land-grabbing by other relatives, and findings from a 1998 study about the costs of the home care provided. One section is the story about the program in Nkwazi Township, and another is about the benefits and responsibilities of being a volunteer. Finally, the model is analyzed for its role in managing the dual AIDS and TB crises.

Special features: Both the video and the book are filled with stories of individuals who are volunteers and clients of the program.

Background: Written by Petri Blinkhoff, Esaya Bukanga, Brigitte Syamalwvwe and Glen Williams. Zambia was at the forefront of AIDS home care in Africa, with the Salvation Army Chikankata Hospital Home Care Program and Lusaka Family Health Trust providing important models for communities developing AIDS home care programs throughout the world. However, typical home care programs depended heavily on health professionals, and were inadequate to meet the growing need. In early 1994, the Southern African Network of AIDS Service Organizations convened an international meeting on home care in Southern Zambia. Representatives from eight southern African countries concluded that the only realistic means of closing the huge and widening home care gap was greatly increased community involvement. This case study demonstrates a model that does just that.

Published by: ACTIONAID, Hamlyn House

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Website: www.stratshope.org

Training Home-Based Caregivers to Take Care of People Living with AIDS

Pathfinder International

Overview: This facilitator's guide provides a 10- to 12-day training for training community-based health workers to train home-based caregivers, who may be relatives or other household members, to take care of people with AIDS. The 125-page manual includes all the information and materials needed for a 10-day training. The facilitators are meant to be health workers. The manual is designed to be used as part of an ongoing home care program: in other words, it prepares community-based health workers to train and provide ongoing support to families caring for people with AIDS at home.

Purpose: The purpose is to provide community health workers with training so that they can enable families to care for their loved ones at home. The training provides an orientation to home-based care as well as the skills needed to train families. The course was designed for existing community-based health workers who had knowledge in basic facts about HIV/AIDS, but lacked skills in aspects of nursing care and training others to provide home-based care services. The training could be used by an FBO with community-level health workers, to expand their activities to include support for home-based care.

Target audience: Community-based health workers who will train and supervise family caregivers in caring for people living with AIDS at home.

Content: The modules include:

- Introduction to the course
- Facts on AIDS and people living with HIV/AIDS
- Mobilizing the community for home-based care services
- The concept of home-based care and support
- Self-care for people living with HIV/AIDS
- Assessing learning needs for home-based caregivers and PLWHAs
- Skills in training home-based caregivers
- Evaluating the course and planning the way forward

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

The annexes include suggested job descriptions for a community-based health provider and a home-based care facilitator.

Background: Written in 2000 by Wilson Kisubi and Charles Omondi. Pathfinder International assessed the need for home-based care, developed a prototype curriculum, pre-tested it in Kenya, Ethiopia and Uganda, and had it reviewed by organizations involved in home-based care. The present document has incorporated recommendations by the organizations and by trainers who pre-tested the training.

Published by:

Pathfinder International
Africa Regional Office
PO Box 48147
Nairobi Kenya
Telephone 254 2 224154
Fax 254 2 214890

AIDS Home Care Handbook

World Health Organization

Overview: The handbook responds to the reality that much HIV care is provided at home by family, friends or neighbors, very few of whom have ever had any training in looking after sick people. The purpose of the guide is to provide health care workers with the information they need to help families gain confidence about their own ability to give safe, compassionate and helpful care to people with AIDS in their homes. The 175-page guide provides thorough information in simple language.

Purpose: The handbook is designed to enable service providers to support families in providing basic home care, with the aims: to prevent problems when possible; to take care of existing problems; and to know when it is time to get help.

Target audience: Health care workers, social workers, spiritual leaders, counselors, and others providing support to people with HIV/AIDS and their families.

Contents: The handbook is divided into a teaching guide and a reference guide. The teaching guide enables the reader to train family members in basic care skills. The reference guide provides management of the common symptoms of AIDS in the home as well as a chapter on conditions needing special attention in people with HIV and a chapter on the use of medicines.

Background: The information provided is based on accepted international guidelines and the extensive program experience of many individuals and agencies working to combat the HIV/AIDS pandemic.

Published by:

Global Programme on AIDS

World Health Organization
1211 Geneva
27 Switzerland
Available from UNAIDS

AIDS Orphans: A Community Perspective in Tanzania
Strategies for Hope Series No. 5

Overview: This 35-page book describes the orphan situation and its context in Tanzania in the early 1990's. The authors discuss all the circumstances that must be considered in addressing the needs of orphans, making the report a valuable case study for communities considering what to do.

Purpose: The book was written to promote informed, positive thinking and practical action in dealing with orphans. A key message is that most orphans still have one parent, or some relative who is a guardian, and that the children are best cared for by providing assistance to the families so that the children can be raised in their own communities rather than sent away to orphanages.

Target audience: People in the service sector who are concerned about addressing the needs of orphans.

Content: The topics addressed in the case study include traditional coping mechanisms, problems and needs of AIDS orphans, problems and needs of child caregivers, the responses of the government, employers, and NGOs. Then new community initiatives and community action are described. The book contains many case examples of children and families coping with difficult circumstances and the resources they turn to. The conclusion provides a list of the basic steps a community needs to take to respond to the needs of orphans, and these steps are as true today as when the book was written over 10 years ago:

- Identify children at risk and in need;
- Assess and prioritize the problems and needs of the children and their guardians;
- Maintain a register to monitor the problems and needs;
- Obtain and channel the necessary social or material needs to these families and monitor its effectiveness;
- Refer children for appropriate assistance outside the community;
- Promote development of local organizations to provide care, social and psychological support and material aid to these families.

Background: Written by M Christian Mukoyogo and Glen Williams

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Website: www.stratshope.org

Children on the Brink 2002: Strategies to Support Children Isolated by HIV/AIDS

Synergy and USAID

Overview: This 40-page document updates a study conducted by Susan Hunter and John Williamson (*Children on the Brink 2000*) on the issue of orphans and vulnerable children globally.

Purpose: The report aims to provide background and to assist organizations and governments to address orphans and vulnerable children.

Target audience: Program planners and policy makers, but also useful to communities considering development of programs for orphans and vulnerable children

Content: Statistics are provided on children orphaned by HIV/AIDS in 88 countries, followed by an analysis of the trends found in those statistics, and strategies and principles for helping the children. A key finding is that by 2010, orphans will account for 15% to over 25% of all children in 12 sub-Saharan African countries.

The report recommends five strategies for addressing orphans and vulnerable children:

- Strengthen and support the capacity of families to protect and care for their children;
- Mobilize and strengthen community based responses;
- Strengthen the capacity of children and young people to meet their own needs;
- Ensure that governments develop appropriate policies and essential services for the most vulnerable children; and,
- Raise awareness in societies to create an environment that enables support for children affected by HIV/AIDS.

The appendices include a list of principles that provide practical guidance for implementing these five recommended strategies, electronic resources, and tables with statistics from the 88 countries.

Special features: The report describes the impacts on families and communities, and provides a thoughtful discussion of the advantages of community support over establishment of orphanages as a strategy.

Published by:

The Synergy Project

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

TvT Associates
1101 Vermont Ave NW Suite 900
Washington DC 20005
1-202-842-2939
email: tvtt@tvttassociates.com

Contact: The document can be obtained by writing The Synergy Project and is also available electronically at: www.synergyaids.com/documents/COB2002.pdf

Many Threads One Weave

National Catholic AIDS Network

Overview: The US Catholic Conference of Bishops is planning to adapt this facilitator's guide for use internationally rather than update other older training guides. A video accompanies training: *Living with AIDS, An Occasion of Grace*.

Purpose: The facilitator's guide is a resource program to assist Catholic communities in responding to the HIV/AIDS epidemic. While the focus is the United States and international, many of the activities can be adapted for use in Africa. Much of the terminology is specific to the Catholic faith, but could be adapted to other faiths. The guide includes a sample schedule for a 2-day workshop but the material for sessions could be expanded into several days.

Target audience: The guide is intended for facilitators conducting sessions to help a parish or cluster of parishes begin or enhance an HIV/AIDS ministry.

Content: Each of the 7 sections has an introduction, sample presentation outline, learning objectives, learning activities, and visual aids. There is much more material than could be presented in a 2-day workshop, however, so the facilitator must select from the material.

The topics cover basic HIV information, global statistics and impact, psychosocial issues, educating about AIDS, caregiving, and organizing an AIDS ministry. The last topic is a series of activities for a group to use to plan its ministry, including educating to prepare the parish, recruiting volunteers, and evaluating the ministry.

Special features: The activities provide a wealth of guidance for preparing volunteers to counsel and care for people with HIV/AIDS.

Published by: National Catholic AIDS Network
PO. Box 422984
San Francisco, CA 94142
www.ncan.org
www.catholiccharitiesusa.org

Contact: www.ncan.org (\$75)

Filling the Gaps: Care and support for People with HIV/AIDS in Cote d'Ivoire

Strategies for Hope Series No. 10

Overview: This is a book about interfaith and intersectoral collaboration for HIV/AIDS care in Cote d'Ivoire. The descriptions of the country situation and the types of care and support needed by people with HIV/AIDS are followed by chapters that describe explicitly how different organizations have responded to the needs.

Purpose: The overall purpose is to provide a case study of how organizations in various sectors, including faith-based organizations, have complemented each other in such a way as to enable a wide range of AIDS-related needs to be met.

Target audience: Program planners, policy makers, and concerned people who are looking to learn from the lessons of other communities.

Content: There are chapters covering the programs at the Outpatients Care and Counselling Unit at Treichville University Hospital (a full-service HIV clinic with an HIV counseling component), ESPOIRE-Cote d'Ivoire (an organization of community people, mostly professionals, that raises money and provides material support to people with HIV), Lumiere Action (an organization of people living with HIV), the Centre for Socio-Medical Assistance (a community-based AIDS service organization that has a Friends' Club for people with HIV), Dabou Protestant Hospital (a Methodist hospital serving the community of Dabou). The final chapter, "The Future," describes the care continuum needed to provide for all the needs of people living with HIV.

Background: Written by Glen Williams, Auguste Didier Blibolo and Dominique Kerouedan.

Published by: ACTIONAID, Hamlyn House
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Website: www.stratshope.org

Living Positively with AIDS: An African Experience

Paulines Publications Africa

Overview: This 96-page book is part of a series entitled Psychology for All Series. The author describes the success of Uganda's approach to AIDS, but then points out that there are still many people who are infected, who must cope with the diagnosis. The focus of

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

the rest of the book is on finding meaning in one's life despite being HIV positive. He uses examples of individuals with tragic lives who are able to reframe their misfortune and find peace of mind. The most prominent example is of a priest in the Auschwitz concentration camp who continued to practice his faith and minister to others until his own death.

Purpose: The objective of the book is to assist people with AIDS to cope with their diagnosis and meet the challenge of premature death.

Target audience: Readers who are interested in knowing something about AIDS beyond nursing and counseling the AIDS patient.

Background: Written in 2001 by Casimir Ruzindaza.

Published by Paulines Publications Africa.
Daughters of St. Paul
PO Box 49026
Nairobi Kenya

GUIDELINES AND RECOMMENDATIONS

Plan of Action: The Ecumenical Response to HIV/AIDS in Africa **World Council of Churches**

The plan was written at the Global Consultation on the Ecumenical Response to the Challenge of HIV/AIDS in Africa, convened in Nairobi Kenya 25-28 Nov 2001. Protestant church leaders made a commitment to go back to their churches and facilitate HIV activities to implement the plan. WCC distributed Plan of Action to all member churches, ecumenical and church related organizations.

Sponsor: World Council of Churches

Contact: Manoj Kurian (mku@wcc-coe.org)

Our Vision, Our Hope, The First Step: All Africa Anglican AIDS Planning Framework

The Council of Anglican Provinces in Africa

This planning framework was developed by over 100 delegates to the first All Africa Anglican HIV/AIDS Conference on 13-16 August 2001 in South Africa. The integrated strategic plan for the HIV/AIDS provinces of sub-Saharan Africa of the Anglican Communion identifies a six-fold commission of ministry, including prevention, spiritual care, counseling, care, death and dying, and leadership.

Sponsor: The Council of Anglican Provinces of Africa

Contact: The POLICY Project

Box 3580

Cape Town, 8001 South Africa

polproj@mweb.co.za

or

The Futures Group

1050 17th St NW Suite 1000

Washington DC 20036

www.policyproject.com

First International Muslim Leader's Consultation on HIV/AIDS: Jihad on AIDS, Self discipline using Allah's guidance

Islamic Medical Association of Uganda

Overview: This very thorough report on an international meeting of Muslim leaders includes not only meeting proceedings but a wealth of history, the theological basis for

HIV/AIDS Prevention, Care and Support across Faith-Based Communities
An Annotated Bibliography of Resources

addressing the various aspects of HIV/AIDS, and resolutions that were developed by the participants.

Purpose: The report is to provide guidance to Muslim leaders in responding to the HIV/AIDS epidemic. Although it specifically draws on Muslim teachings from the Qur'an, the information could also be applied in other spiritual traditions.

Target audience: Muslim spiritual and community leaders.

Contents: The report includes the following:

- Program summary
- Technical report of the consultation and proceedings
- Information about the Islamic Medical Association of Uganda (IMAU)
- The text of the speech by the Mufti of Uganda
- Historical importance of Kibuli for Muslims
- Example of curriculum guidelines for community AIDS education
- Scientific data in support of the Islamic approach to HIV/AIDS prevention
- Findings of the consultation sessions on many topics, including abstinence, fidelity, condom use, stigma, care, counseling and spiritual care, bereavement, economic support, orphan care, income generating activities, legal rights, strengthening the Muslim Community response to AIDS, coordinating the Muslim Community response, resource mobilization
- The way forward
- Resolutions
- Participants list

Background: The consultation was convened in Kampala Uganda, 1-4 November 2001, by the Islamic Medical Association of Uganda with support from USAID and The Futures Group International Policy Project. Partners included the Uganda Muslim Supreme Council, UNAIDS, ACTIONAID, TASO, Uganda AIDS Commission, and the Malaysian AIDS Council.

Published by:

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Facing the Challenges of HIV/AIDS/STDs: A Gender Based Response

Overview: The 52-page document analyzes the reasons why gender is an important issue in dealing with HIV/AIDS, suggests strategies for developing appropriate gender based responses, provides examples and personal testimonies of effective responses, and concludes with a checklist for assessing how gender-based an organization's programs and interventions are.

Purpose: This publication aims to provide policy-makers, planners and program implementers with information and ideas on how to incorporate a gender-based response to HIV/AIDS into their policies and programs.

Target audience: Policy-makers, planners and program implementers

Special features: The checklist enables readers to immediately assess the level of sensitivity to gender issues in their organizations. The examples and testimony provide an immediacy and reality-base for the analysis.

Background: The document was developed by the Royal Tropical Institute (KIT), Southern Africa AIDS Information Dissemination Service (SAFAIDS) and World Health Organization (WHO).

Contact:

Royal Tropical Institute
Information, Library and Documentation
Mauritskade 63
1092 AD Amsterdam
The Netherlands

RESOURCES

CD-ROM and website of Christian resources on AIDS

Overview: Electronic collection of faith-based resources to support the fight against HIV/AIDS, The Ecumenical Advocacy Alliance, which prepared the CD-ROM and maintains the website, is a broad ecumenical network for coordinated international advocacy on HIV/AIDS and global trade.

Purpose: The purpose of the CD-ROM is to easily make available a wide range of resources for downloading and use.

Target audience: Faith-based organizations who want to find resources or to network with other groups who share the common purpose of addressing HIV/AIDS.

Content: Several of the documents reviewed in the Annotated Bibliography are included on the CD-ROM. The participating churches and related organizations contribute their resources, so there is a rich and diverse array of materials in at least seven languages. The materials represent the viewpoints of the contributors, not the Ecumenical Advocacy Alliance.

The resources on the CD-ROM and many more will be available on-line in an electronic resource library at www.e-alliance.ch which is in the development stage. EAA asks for contributions of additional resources.

The material is organized according to:

- Biblical, theological and ethical resources
- Policies and statements
- Educational materials
- Research and analysis
- Worship resources
- Conferences and reports
- Audio
- Recent publications
- Tools for action

Special features: The CD-ROM requires a very up-to-date computer with various types of software for the different materials (such as Adobe Acrobat for a printed book and Real Player for a video). There are also links with good websites.

Background: More than 70 churches and church-related organizations belong to the Alliance, which asks that they commit themselves to speak out with one voice against

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injustice, to confront structures of power, practices and attitudes which deprive human beings of dignity, and to offer alternative visions based on the Gospel.

Produced by: Ecumenical Advocacy Alliance

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Switzerland

Website: www.e-alliance.ch

E-mail: info@e-alliance.ch (to obtain copies of the CD-ROM)

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